## Section A - General Information

### Personal Information

National ID #

Name: First Last

Date of Birth

Gender

Address

#### Contact information

Home

Work

Mobile

Email address

**Employment information** 

## Employment information

Status employed/self-employed/unemployed

Skilled area: Amenity horticulture level 2/ Cosmetology level 2/ Carpentry level 2/Crop production level 2/Food preparation level 2/ Furniture making level 2/ Fashion design level 2/ Electrical installation level 2/ Fibre optic Installation level 2/Plumbing level 2/ Photovoltaic roofer fitter level 2/ Photovoltaic Electrical technician level 3/ Plumbing level 2/ Massage therapy level 2/ Massage therapy level 3/ Nail technology level 2/ Occupational health safety & welfare level 2/

**Years of employment** None/1 year – 50 years

Job experience

**Qualification None**/Certificate/Diploma/Any other

# Section B - Back ground information

Are you employed in the occupational area? Yes/ No

Have you been working in the occupational area for 3 years? Yes/ No

Do you have any certification in the area? Yes/ No

Have you engaged in training within the last 3 years? Yes/ No

Did the training occur on the job or was it conducted with a training institution? **On the job/training institution** 

Do you have proof of training? Yes/ No

## Section C - Self-Assessment

Complete this Self-Assessment Checklist to assist you in determining whether your prior learning matches Massage therapy level 3.

### Introduction

Please select the statements that most honestly and accurately represent your knowledge, skills and abilities.

Add your score at the end of the checklist and compare your total to the scoring scale listed there.

## **Rating Scale:**

- 0 I have no experience or learning in this area.
- 1 I have a little experience and learning in this area.
- 2 I have some experience and learning in this area.
- 3 I have good experience and learning in this area.
- 4 I have excellent experience and learning in this area and could mentor others

		0	1	2	3	4
Elements/Description						
I am able to:						
Perform interactive workplace communication						
Follow routine instructions and information						
Participate in workgroups and teams						
Apply profession ethics						
Support the organization						
Receive and refer clients complaints						
Maintain a safe, clean and efficient work environment	·					
Comply with health regulations						
Provide a relaxed and caring environment						
Prepare and maintain work area						
Check and maintain tools and equipment						
Check and rotate stock						
Observe basic safety procedure						
Observe emergency						
Plan and organise work						
Identify work requirements						
Conduct pre and post-treatment procedures for beauty th	erapy service	s				

Consult with the client					
Plan the treatment					
Prepare for beauty therapy treatment					
Complete the treatment					
Provide customer service		•	•	•	
Greet customer					
Elements/Description	0	1	2	3	4
I am able to:					
Identify customer needs					
Deliver customer service					
Resolve customer complaints					
Provide manicure and pedicure service					
Perform a basic manicure/pedicure service					
Provide aftercare advice					
Enhance and maintain nails		•	•	•	
Remove enhancements					
Apply and sculpt tips and overlays					
Create nail sculpture					
Maintain enhancements and overlays					
Plan and create nail art					
Maintain safe methods of work					
Plan and create nail art					
Develop a business plan					
Identify organizational objectives					
Establish service profile and conduct resource audit					
Analyze client needs and expectations					
Establish staffing requirements					
Seek approval and market the plan					
Monitor, evaluate and update the business plan					
Total					
					/

Add your responses and total your score. Compare your results with the scoring scale below to determine your likelihood of being assessed through the Prior Learning Assessment & Recognition PLAR process.

Scoring Scale		
(75% - 100%) You are a good candidate to proceed with the PLAR process. Please review this guide and discuss next steps with the PLAR Advisor or the Assessor		
(65% - 74%)	You may need additional learning to be successful in completing the PLAR process. Please discuss with the PLAR Advisor or the Assessor.	
Less than 65%)	You are unlikely to be successful in completing the PLAR process.	

You have completed and scored the Self-Assessment Checklist.

If you scored 75% or higher (45 to 60) on the Self-Assessment Checklist, you may consider demonstrating your prior learning

Please discuss your Self-Assessment Checklist results with the assessor or the PLAR Advisor or the Assessor