

Section A - General Information

Personal Information

National ID #

Name: First Last

Date of Birth

Gender

Address

Contact information

Home

Work

Mobile

Email address

Employment information

Employment information

Status employed/self-employed/unemployed

Skilled area: Amenity horticulture level 2/ Cosmetology level 2/ Carpentry level 2/Crop production level 2/Food preparation level 2/ Furniture making level 2/ Fashion design level 2/ Electrical installation level 2/ Fibre optic Installation level 2/Plumbing level 2/ Photovoltaic roofer fitter level 2/ Photovoltaic Electrical technician level 3/ Plumbing level 2/ Massage therapy level 2/ Massage therapy level 3/ Nail technology level 2/ Occupational health safety & welfare level 2/

Years of employment None/1 year – 50 years

Job experience

Qualification None/Certificate/Diploma/Any other

Section B - Back ground information

Are you employed in the occupational area? **Yes/ No**

Have you been working in the occupational area for 3 years? **Yes/ No**

Self - assessment – Massage therapy

Do you have any certification in the area? **Yes/ No**

Have you engaged in training within the last 3 years? Yes/ No

Did the training occur on the job or was it conducted with a training institution? **On the job/training institution**

Do you have proof of training? **Yes/ No**

Section C - Self-Assessment

Complete this Self-Assessment Checklist to assist you in determining whether your prior learning matches Massage therapy level 2.

Introduction

Please select the statements that most honestly and accurately represent your knowledge, skills and abilities.

Add your score at the end of the checklist and compare your total to the scoring scale listed there.

Rating Scale:

0 – I have no experience or learning in this area.

1 – I have a little experience and learning in this area.

2 – I have some experience and learning in this area.

3 – I have good experience and learning in this area.

4 – I have excellent experience and learning in this area and could mentor others

Elements/Description	0	1	2	3	4
I am able to:					
Participate in workplace communication					
Gather and convey workplace information					
Participate in workplace meetings and discussions					
Complete work related documents					
Practice health, safety, security and hygiene					
Follow health, safety and security practices					
Deal with emergency situations					
Follow hygiene procedures					
Identify and prevent hygiene risk					
Provide basic First Aid					
Plan and prepare for initial first aid response					
Assess the situation					
Apply first aid					
Record and report the incident					
Clean up					
Conduct pre and post-treatment procedures for therapeutic services					
Consult with the client					
Plan the treatment					
Prepare for therapeutic treatment					
Complete the treatment					
Perform on-site massage					
Prepare client and work area for massage					
Administer massage					
Give aftercare advice					

Self - assessment – Massage therapy

Elements/Description I am able to:	0	1	2	3	4
Provide customer service					
Greet customer/client					
Identify customer needs					
Deliver customer service					
Resolve customer complaints					
Provide body massage treatments					
Perform manual massage treatments					
Clean up					
Total					
					/

Add your responses and total your score. Compare your results with the scoring scale below to determine your likelihood of being assessed through the Prior Learning Assessment & Recognition PLAR process.

Scoring Scale	
(75% - 100%)	You are a good candidate to proceed with the PLAR process. Please review this guide and discuss next steps with the PLAR Advisor or the Assessor
(65% - 74%)	You may need additional learning to be successful in completing the PLAR process. Please discuss with the PLAR Advisor or the Assessor.
Less than 65%)	You are unlikely to be successful in completing the PLAR process.

You have completed and scored the Self-Assessment Checklist.

If you scored 75% or higher (45 to 60) on the Self-Assessment Checklist, you may consider demonstrating your prior learning

Please discuss your Self-Assessment Checklist results with the assessor or the PLAR Advisor or the Assessor